

GP E. Vanluchene 26: Session: 1: COACH evaluation sheet for TEAM: VZV

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vansteenland Annelies HEADCOACH

Coaches: Bartholomeus Pieter

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M MEDLEY MEN 11+ Heat:1, starttime: 14:00

Heat: 1/8 Lane : 1 Athlete: GARMYN LEON Q-time: 99:99:99

PB (25m pool): 02:55.22 Diksmuide 01/12/2024 PB (50m pool): 03:03.56 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.53		01:22.51		02:14.87		02:55.22
		00:38.53		00:43.98		00:52.36		00:40.35
								

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+ Heat:2, starttime: 14:04

Heat: 2/8 Lane : 1 Athlete: GOETHALS LOWIE Q-time: 03:48:14

PB (25m pool): 03:48.14 Eeklo 06/04/2026 PB (50m pool): 03:30.55 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:59.11		no time		no time		03:48.14
		00:59.11						
								

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+ Heat:3, starttime: 14:09

Heat: 3/8 Lane : 3 Athlete: DEVOS BAS Q-time: 03:12:83

PB (25m pool): 03:12.83 Menen 01/05/2026 PB (50m pool): 03:20.81 SB: 03:17.47 Brugge 04/10/2026

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.24		no time		no time		03:12.83
		00:42.24						
								

Coach feedback:

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Event number: 1: 200M MEDLEY MEN 11+							Heat:4, starttime: 14:12	
Heat: 4/8 Lane : 1 Athlete: THIERN KASPER							Q-time: 02:50:09	
PB (25m pool): 02:50.09 DIKSMUIDE 30/11/2025				PB (50m pool): 02:52.11 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.90		01:19.27		02:12.88		02:50.09
	00:35.90		00:43.37		00:53.61		00:37.21	
								

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+							Heat:6, starttime: 14:19	
Heat: 6/8 Lane : 3 Athlete: NEYRINCK LOÏCK							Q-time: 02:30:30	
PB (25m pool): 02:30.30 Brugge 04/10/2026				PB (50m pool): 02:39.29SB: 02:30.30 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.50		01:12.47		01:56.80		02:30.30
	00:32.50		00:39.97		00:44.33		00:33.50	
								

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+							Heat:5, starttime: 14:43	
Heat: 5/7 Lane : 3 Athlete: LOWAGIE LOLA							Q-time: 02:51:68	
PB (25m pool): 02:51.68 DIKSMUIDE 30/11/2025				PB (50m pool): 02:53.74SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.39		01:23.72		02:12.12		02:51.68
	00:39.39		00:44.33		00:48.40		00:39.56	
								

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+							Heat:5, starttime: 14:43	
Heat: 5/7 Lane : 4 Athlete: WILS ESTELLE							Q-time: 02:58:17	
PB (25m pool): 02:58.17 Brugge 04/10/2026				PB (50m pool): 02:59.37 SB: 02:58.17 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.19		01:25.86		02:16.19		02:58.17
	00:41.19		00:44.67		00:50.33		00:41.98	
								

Coach feedback:

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Event number: 2: 200M MEDLEY WOMEN 11+							Heat:6, starttime: 14:47	
Heat: 6/7 Lane : 1 Athlete: GERMONPré CÉZANNE							Q-time: 02:49:53	
PB (25m pool): 02:49.53 Eeklo 06/04/2026				PB (50m pool): 02:52.09SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.88		no time		no time		02:49.53
	00:38.88							
								

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+							Heat:7, starttime: 14:50	
Heat: 7/7 Lane : 1 Athlete: LOWAGIE LILY							Q-time: 02:40:99	
PB (25m pool): 02:40.99 Brugge 04/10/2026				PB (50m pool): 02:43.70 SB: 02:40.99 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.05		01:18.96		02:04.35		02:40.99
	00:36.05		00:42.91		00:45.39		00:36.64	
								

Coach feedback:

Event number: 4: 100M MEDLEY MEN 11+					Heat:2, starttime: 15:01
Heat: 2/6 Lane : 2 Athlete: DEVOS BAS				Q-time: 01:39:97	
PB (25m pool): 01:39.97 Diksmuide 08/02/2026			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.61		01:39.97	
	00:45.61		00:54.36		
					

Coach feedback:

Event number: 4: 100M MEDLEY MEN 11+							Heat:2, starttime: 15:01	
Heat: 2/6 Lane : 3 Athlete: GOETHALS LOWIE							Q-time: 01:40:68	
PB (25m pool): 01:40.68 Waregem 26/09/2026				PB (50m pool): no time SB: 01:40.68 Waregem 26/09/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		01:40.68				
	no time							
								

Coach feedback:

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Event number: 4: 100M MEDLEY MEN 11+					Heat:4, starttime: 15:05
Heat: 4/6 Lane : 3 Athlete: THIEREN KASPER					Q-time: 01:15:51
PB (25m pool): 01:15.51 Waregem 26/09/2026					PB (50m pool): no time SB: 01:15.51 Waregem 26/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:15.51	
	no time				
					

Coach feedback:

Event number: 4: 100M MEDLEY MEN 11+					Heat:5, starttime: 15:07
Heat: 5/6 Lane : 2 Athlete: GERMONPRé ACHIEL					Q-time: 01:09:58
PB (25m pool): 01:09.58 Waregem 26/09/2026					PB (50m pool): no time SB: 01:09.58 Waregem 26/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:09.58	
	no time				
					

Coach feedback:

Event number: 4: 100M MEDLEY MEN 11+					Heat:5, starttime: 15:07
Heat: 5/6 Lane : 3 Athlete: NEYRINCK LOÏCK					Q-time: 01:09:63
PB (25m pool): 01:09.63 Zwevegem 31/05/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.74		01:09.63	
	00:32.74		00:36.89		
					

Coach feedback:

Event number: 4: 100M MEDLEY MEN 11+					Heat:5, starttime: 15:07
Heat: 5/6 Lane : 4 Athlete: GARMYN LEON					Q-time: 01:12:96
PB (25m pool): 01:12.96 Waregem 26/09/2026					PB (50m pool): no time SB: 01:12.96 Waregem 26/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:12.96	
	no time				
					

Coach feedback:

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Event number: 5: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 15:18
Heat: 5/7 Lane : 2 Athlete: LOWAGIE LOLA					Q-time: 01:17:48
PB (25m pool): 01:17.48 Zwevegem 31/05/2026			PB (50m pool): no time SB: 01:17.94 Waregem 26/09/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.13		01:17.48	
	00:37.13		00:40.35		
					

Coach feedback:

Event number: 5: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 15:18
Heat: 5/7 Lane : 3 Athlete: GERMONPRé CÉZANNE					Q-time: 01:19:20
PB (25m pool): 01:19.20 Waregem 26/09/2026			PB (50m pool): no time SB: 01:19.20 Waregem 26/09/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:19.20	
	no time				
					

Coach feedback:

Event number: 5: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 15:18
Heat: 5/7 Lane : 4 Athlete: WILS ESTELLE					Q-time: 01:21:92
PB (25m pool): 01:21.92 Brugge 04/10/2026			PB (50m pool): no time SB: 01:21.92 Brugge 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.19		01:21.92	
	00:40.19		00:41.73		
					

Coach feedback:

Event number: 5: 100M MEDLEY WOMEN 11+					Heat:6, starttime: 15:20
Heat: 6/7 Lane : 3 Athlete: LOWAGIE LILY					Q-time: 01:14:21
PB (25m pool): 01:14.21 Brugge 04/10/2026			PB (50m pool): no time SB: 01:14.21 Brugge 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.31		01:14.21	
	00:36.31		00:37.90		
					

Coach feedback:

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Event number: 6: 200M MEDLEY MIXED 10-10							Heat:1, starttime: 15:44	
Heat: 1/2 Lane : 2 Athlete: BARTHOLOMEUS MARTHE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 6: 200M MEDLEY MIXED 10-10							Heat:1, starttime: 15:44	
Heat: 1/2 Lane : 3 Athlete: GERMONPRé FELICE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 6: 200M MEDLEY MIXED 10-10							Heat:2, starttime: 15:49	
Heat: 2/2 Lane : 4 Athlete: DEHAENE RACHELLE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 7: 400M MEDLEY MEN 11+							Heat:1, starttime: 15:54	
Heat: 1/3 Lane : 2 Athlete: GERMONPRé ACHIEL							Q-time: 05:49:86	
PB (25m pool): no time			PB (50m pool): 05:49.86 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

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Event number: 8: 400M MEDLEY WOMEN 11+							Heat:1, starttime: 16:14	
Heat: 1/3 Lane : 2 Athlete: NEYRINCK ELODY							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
	...	...	...	...	...	...	...	...
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
	...	...	...	...	...	...	...	...

Coach feedback:

Event number: 8: 400M MEDLEY WOMEN 11+							Heat:3, starttime: 16:30	
Heat: 3/3 Lane : 4 Athlete: BARTHOLOMEUS FLORIANNE							Q-time: 06:06:04	
PB (25m pool): 06:17.46 Diksmuide 09/03/2025			PB (50m pool): 06:06.04SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:43.76		01:35.34		02:22.83		03:09.06
	00:43.76		00:51.58		00:47.49		00:46.23	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		04:02.25		04:56.27		05:37.70		06:17.46
	00:53.19		00:54.02		00:41.43		00:39.76	
								

Coach feedback: